

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



November 2018



9:30 Sit & Stretch DRL 10:30 Water Color and Color Art DRL 1:00 Easy Walk FL 2:00 Community Band Concert FL 2:00 Vocalist Jerry Weisbecker Ice Cream Sundae DRL 3:00 Sunday Worship VR 4:00 Board Games DRL 5:30 Sunday Sports DRL Daylight Saving Time Ends		9:30 Sit & Fit VR 10:00 Prayer Study CH 10:05 Easy Sit & Fit VR 10:30 Guatemalan Market DRL 1:00 Nature Walk FL 2:00 Mexican Train Domino 3rdfl 2:30 Monday Matinee DRL 3:00 Writing Group FR 3:30 Rummikub DRL 5:00 Local News DRL		9:30 Sit & Fit VR 10:05 Easy Sit & Fit VR 10:30 Trivia DRL 10:30 Wellness Check CR 11:00 Open Billiards BR 1:00 Easy Walk FL 2:00 Bingo DRL 3:00 Card Games DRL 3:30 Chair Volley Ball VR 5:30 Local News DRL 7:00 Baha'i Faith Study FR		9:30 Mass CH 9:30 Sit & Fit VR 10:05 Easy Sit & Fit VR 10:30 Word Mining DRL 1:00 Easy Stroll FL 1:30 Tatiana Variety Show VR 3:00 Card Games DRL 3:30 Tai Chi Class VR 5:00 Local News DRL		9:30 Sit & Fit VR 9:30 Bible Study CH 10:05 Easy Sit & Fit VR 10:30 Resident Meeting DRL 1:00 Short Walk FL 1:30 Chair Yoga VR 2:00 Men's Forum FR 3:30 Variety Show Rehearsal VR 5:00 Local News DRL 7:30 Great Courses DRL		9:30 Sit & Fit VR 10:05 Easy Sit & Fit VR 10:30 Trivia DRL 1:00 Nature Walk FL 2:00 Short Story Review with Deborah FR 3:30 Wine & Cheese Social w/ the Bernie Meisinger Jazz Trio FL 5:00 Local News DRL		9:00 Group Walk FL 9:30 Sit & Fit Video DRL 10:30 Water Color and Color Art DRL 10:30 Word Mining DRL 1:00 Fitness Trail FL 2:00 Bingo DRL 3:00 Wii Bowling DRL 5:00 Local News DRL 6:30 Evening Concert w/Pianist Fredrik VR	
9:30 Sit & Stretch DRL 10:30 Veterans Day Ceremony FL 1:00 Easy Walk FL 2:00 Folk group Sassafras Ice Cream Sundae DRL 3:00 Sunday Worship VR 4:00 Board Games DRL 5:30 Sunday Sports DRL Veterans Day (US) Remembrance Day (Canada)		9:30 Sit & Fit VR 10:00 Prayer Study CH 10:05 Easy Sit & Fit VR 10:30 Word Mining DRL 1:00 Nature Walk FL 2:00 Mexican Train Domino 3rdfl 2:30 Guest Speaker Rabbi Latowicz DRL 3:00 Writing Group FR 3:30 Rummikub DRL 5:00 Local News DRL		9:30 Sit & Fit VR 10:05 Easy Sit & Fit VR 10:30 Trivia DRL 10:30 Wellness Check CR 11:00 Open Billiards BR 1:00 Easy Walk FL 2:00 Bingo DRL 3:00 Card Games DRL 3:30 Chair Volley Ball VR 5:30 Local News DRL 7:00 Baha'i Faith Study FR		9:00 Hearing Aid Specialist 9:00 Podiatrist CR 9:30 Mass CH 9:30 Sit & Fit VR 10:05 Easy Sit & Fit VR 10:30 Word Mining DRL 1:00 Easy Stroll FL TBA Movie Outing FL 2:00 Birthday Celebration with Paul Lenderman DRL 3:30 Tai Chi Class VR 5:00 Local News DRL		9:30 Sit & Fit VR 10:00 Bible Study CH 10:05 Easy Sit & Fit VR 10:30 Wii Bowling DRL 1:00 Short Walk FL 1:30 Chair Yoga VR 2:00 Food for Thought DRL 2:00 Men's Forum FR 3:30 Variety Show Rehearsal VR 7:30 Great Courses DRL		9:30 Sit & Fit VR 10:05 Easy Sit & Fit VR 10:30 Trivia DRL 1:00 Nature Walk FL 1:30 Guest Speaker Dr Woodling (Medicare Changes) VR 3:30 Wine & Cheese Social w/ Violinist Bob Ryman FL 5:00 Local News DRL		9:00 Group Walk FL 9:30 Sit & Fit Video DRL 10:30 Water Color and Color Art DRL 10:30 Word Mining DRL 1:00 Fitness Trail FL 2:00 Bingo DRL 3:00 Wii Bowling DRL 3:30 Card Games DRL 5:00 Local News DRL	
9:30 Sit & Stretch DRL 10:30 Water Color and Color Art DRL 1:00 Easy Walk FL 2:00 New West Symphony FL 2:00 Steve Ormond and Bob Porter Ice Cream Sundae DRL 3:00 Sunday Worship VR 4:00 Board Games DRL 5:30 Sunday Sports DRL		9:30 Sit & Fit VR 10:00 Prayer Study CH 10:05 Easy Sit & Fit VR 10:30 Word Mining DRL 1:00 Nature Walk FL 1:30 Monday Matinee DRL 2:00 Mexican Train Domino 3rdfl 3:00 Writing Group FR 3:30 Rummikub DRL 5:00 Local News DRL		9:30 Sit & Fit VR 10:05 Easy Sit & Fit VR 10:30 Trivia DRL 10:30 Wellness Check CR 11:00 Open Billiards BR 1:00 Easy Walk FL 2:00 Bingo DRL 3:00 Card Games DRL 3:30 Chair Volley Ball VR 5:30 Local News DRL 7:00 Baha'i Faith Study FR		9:30 Mass CH 9:30 Sit & Fit VR 10:05 Easy Sit & Fit VR 10:30 Word Mining DRL 1:00 Easy Stroll FL 2:00 Ventura Choraliers Country Concert VR 3:00 Card Games DRL 3:30 Tai Chi Class VR 5:00 Local News DRL		9:30 Morning Walk with Rachel CH 10:00 Bible Study CH 11:00 Greeting Family and Friends FL 11:30 Thanksgiving Lunch VR 1:00 Short Walk FL 5:00 Local News DRL 5:20 Football Falcons vs Saints DRL Thanksgiving Day (US)		9:30 Sit & Fit Video DRL 10:30 Trivia DRL 1:00 Nature Walk FL 1:30 Multiple Card Bingo DRL 3:30 Wine & Cheese Social w/Entertainer David Gilchrist FL 5:00 Local News DRL		9:00 Group Walk FL 9:30 Sit & Fit Video DRL 10:30 Water Color and Color Art DRL 10:30 Word Mining DRL 1:00 Fitness Trail FL 2:00 Bingo DRL 3:00 Wii Bowling DRL 3:30 Card Games DRL 5:00 Local News DRL	
9:30 Sit & Stretch DRL 10:30 Water Color and Color Art DRL 1:00 Easy Walk FL 2:00 5 Piece Dixieland Band Ice Cream Sundae DRL 3:00 Sunday Worship VR 3:30 Outdoor Golf PG 4:00 Board Games DRL 5:30 Sunday Sports DRL		9:30 Sit & Fit VR 10:00 Prayer Study CH 10:05 Easy Sit & Fit VR 10:30 Word Mining DRL 1:00 Nature Walk FL 1:30 Monday Matinee DRL 2:00 Mexican Train Domino 3rdfl 3:00 Writing Group FR 3:30 Rummikub DRL 5:00 Local News DRL		9:30 Sit & Fit VR 10:05 Easy Sit & Fit VR 10:30 Trivia DRL 10:30 Wellness Check CR 11:00 Open Billiards BR 1:00 Easy Walk FL 2:00 Bingo DRL 3:00 Card Games DRL 3:30 Chair Volley Ball VR 5:30 Local News DRL 7:00 Baha'i Faith Study FR		9:30 Mass CH 9:30 Sit & Fit VR 10:05 Easy Sit & Fit VR 10:30 Scenic Drive to Santa Paula/lunch FL 10:30 Word Mining DRL 1:00 Easy Stroll FL 2:00 Classical Pianist Luis Sanchez VR 3:30 Tai Chi Class VR 5:00 Local News DRL		9:30 Sit & Fit VR 10:00 Bible Study CH 10:05 Easy Sit & Fit VR 10:30 Wii Bowling DRL 1:00 Short Walk FL 2:00 Police Dog Demonstration PG 2:00 Men's Forum FR 3:30 Variety Show Rehearsal VR 7:30 Great Courses DRL		9:30 Sit & Fit VR 10:05 Easy Sit & Fit VR 10:30 Trivia DRL 1:00 Nature Walk FL 2:15 Guest Speaker Rabbi Lotker DRL 3:30 Wine & Cheese Social w/ Guitarist Bob Bishop & Bob Porter on Cornet FL 5:00 Local News DRL		DRL Dining Room Lounge VR 7th Floor Vista Room CH 7th Floor Chapel FR 7th Floor Founders Room BR Lower Level Billiard Room FL Front Lobby LB Main Floor Library CR Lower Conference Room PG Outdoor Putting Green	

November Birthdays

- 1st Betty Pacocha
- 8th Ron Hargrave
- 8th Ernie Rogers
- 9th Margaret Peterson
- 9th Tom Parsons
- 11th Connie Mayer
- 12th Bob Porter
- 12th Charles Kircher
- 12th Viola Kolkman
- 14th Jane Roberts
- 15th Lillian Conolly
- 18th Maria Klein
- 19th Lila Atkisson
- 20th Lee Perry
- 21st Gloria Overboe
- 21st Leah Harris
- 21st Barbara Niles
- 23rd James Woodburn
- 26th Natalie Ferentz
- 28th Don Tierney
- 28th Hendrika Wolters
- 28th Jean Gordon
- 31st Lucille Hoffman

November Outings

Sunday, November 4th the Ventura County Concert Band presents “An American Salute” Veterans Day Concert. Enjoy an afternoon of favorite musical selections from the good ole USA and recall historic victories and visits to the Homefront. Please meet in the front lobby at 2pm, this event starts at 3pm at Ventura High School.

Wednesday, November 14th we have scheduled a movie outing. We will choose a movie closer to the time. Let me know if you have a preference.

Sunday, November 18th the New West Symphony is performing at the Oxnard Performing Arts Center. Here are the program notes. Music Director Candidate Finalist Fawzi Haimor leads a program of three works from the romantic era featuring the talents of Cleveland International Piano Competition Gold Medalist, Martina Filjak, in her New West Symphony debut. It also marks the Symphony’s first performance of American composer Edward MacDowell’s virtuosic, Liszt-inspired Piano Concerto No. 2. Closing the program is Johannes Brahm’s majestic First Symphony, which took Brahms 14 years to complete, and which, with its soaring final movement chorale, has often been called the Beethoven 10th. We will leave the front lobby at 2pm. The concert starts at 3pm.

Wednesday, November 28th we will take a scenic drive to Santa Paula, then enjoy lunch out at Rabalais Bistro.

If you have any of the Great Courses Lecture Series collecting dust in your closet please consider sharing them. You can give them to the front desk or directly to Joe La Rocca.



Chaplain Christmann has published a new book of Christian devotionals. He shares how God has touched the lives of people by His love and power. Signed copies are still available upon request. He can be contacted at 805-760-8118. Chaplain Christmann conducts a prayer group on Mondays in the chapel at 10:00am and a Bible study on Thursdays at 10:00am. All are welcome.

New Activities and Activity Highlights

Thursday, November 1st we will begin a new class. Farion Pearce will lead us in chair yoga. She will begin with warming up and stretching while learning chair yoga positions. She will conclude with a relaxing meditation. This class will begin at 1:30pm in the Vista Room every Thursday.

Friday, November 2nd we are collecting military photos to display on our Veterans Day Board. We will meet in the Dining Room Lounge at 1:30pm.

Monday, November 5th from 10am till 2pm, we have invited Bob and Marcie Porter’s son, Kurt, for another Guatemalan Market day. He will display many handmade items, made by families from Guatemala, for sale at reasonable prices. A large portion of the proceeds go back to Guatemala to support these families. This is a great way to start your holiday shopping!

Friday, November 9th we have a new entertainer for our wine and cheese social. “The Bernie Meisinger Jazz Trio.” Bernie Meisinger is an accomplished jazz singer and songwriter who has been entertaining crowds for over twenty years. A consummate professional, Bernie is earnest in celebrating the classics of jazz, as well as composing original songs that are finding their way into major motion pictures and hit television shows.

Wednesday, November 7th at 1:30pm, join us in the Vista Room for the Tatiana Variety Show. As always, Tatiana will sing and dance her way through many costume changes. If you have not seen Tatiana before, you won’t want to miss it!

Saturday, November 10th at 6:30pm in the Vista Room, pianist Fredrik Rosaval will perform an evening concert of love songs and patriotic music, including the Armed Forces Salute to commemorate Veterans Day.

Wednesday, November 29th we welcome back Luis Sanchez. Luis is an educator of classical music and a fine pianist. Join us at 2pm in the Vista Room for a wonderful afternoon of classical music.

Starting the first Wednesday in December, Luis Sanchez will introduce a new presentation.

Listening to Music/Listening to Ourselves.
Music awakens our senses, stirs our feelings and moves us to free the imagination and elevate our spirit.
Come and listen to great music by famous composers performed by world class artists (i.e. Cellist Yo-Yo Ma, Violinist Itzhak Perlman, Lenard Bernstein and trumpeter Wynton Marsalis) followed with commentary and discussion including history, biography and anecdote.
Our first class will be on Wednesday December 5th at 2pm in the Dining Room Lounge presented on the large screen TV’s.