

## Townhouse Management Team

### Administration

Executive Director Evan Granucci  
 Director of Marketing Samantha Crisp

### Customer Service Front Desk

Office Manager Antoine Guerrier II  
 Concierge Jazmine Dominguez  
 Hazmin Garay  
 Marissa Herold  
 Raeleen Vann

### Resident Relations

Social Services Kimm Bryan  
 Director of Activities Anne Howorth  
 Fitness Frank Jackson

### Clinical Services

Health & Wellness Director Linda Wilford  
 Memory Care Director Carolyn Namer  
 Assisted Living Nurse Ana Normandy  
 Life Enrichment Coordinator Yuki Anderson

### Food Service

Director of Food Services Salvador Alvarez  
 Dining Room Manager Sean Trujillo

### Housekeeping

Director of Housekeeping Alejandra Hernandez  
 Janitor Leo Brizuela  
 Janitor Enrique Cortez

### Maintenance

Chief Engineer Steve Drake  
 Assistant Engineer Cliserio Meza  
 Maintenance Michael Galindo  
 Armando Ruiz  
 Arnulfo Estrada

### Transportation

Bus Driver María De Los Reyes  
 Townhouse Car Chauffeur Greg Nicely



## Employee of the Month Congratulations

Maria Duran has worked at the Ventura



Townhouse for 12 years. Originally from Silao, Mexico, she relocated to Ventura, where she has lived for 30 years. Maria has three children, two boys, and one girl. Her eldest is a veteran that served with the

Marines in Iraq. She also has two grandchildren that she adores. When Maria is not working, she enjoys spending time with her husband of 30 years, and her grandchildren. Maria's other hobbies are reading books, listening to Queen and The Beatles. Her favorite part about working at The Ventura Townhouse is getting to know all the residents and helping them.

### SHABBAT ANYONE?

I've been a resident of the Ventura Townhouse since February, and I am enjoying my new friends and the sense of community here. However, I find that on Friday evening, the start of the Jewish celebration of Shabbat, I experience loneliness, as I light the traditional candles..... If you are interested in coming together to usher in Shabbat with candle lighting, challah and some good old Manischewitz, please contact me at 535-4347. Selma Dressler.

# VENTURA TOWNEHOUSE

CALIFORNIA'S CROWN JEWEL IN RETIREMENT LIVING

August 2017



Ventura Townhouse  
 4900 Telegraph Road  
 Ventura, CA 93003  
 Phone: 805-642-3263  
 Fax: 805-642-3229  
 Venturatownhouse.com

Our Garden is looking beautiful! Join our daily walking group. We meet in the front lobby at 1pm and 3pm.



Stay cool! Join us for lemonade on the patio.



## August at the Townhouse

### Channel Islands Live Dive here at the Townhouse!



Remote, isolated, rugged, and sometimes inaccessible, Channel Islands National Park can be challenging to experience. Now, through advanced technology, Channel Islands Live brings the park to you.

Join rangers as they dive through towering kelp forests and hike dramatic island trails. Explore the Anacapa Light Station. See nesting bald eagles and the region's largest western gull rookery. Learn about this unique island chain, the threats confronting it, and how our national park is protecting and restoring this diverse ecosystem. Channel Islands Live includes interactive broadcasts where visitors can talk to the rangers and ask questions. By bridging the channel through technology, we are helping plant the seeds of understanding that can grow into the desire to preserve and protect this extraordinary place. Streaming video and audio from the Channel Islands is delivered by wireless network supported by the park and Ventura County Office of Education. Using the latest education technology, live interactive dives are delivered directly to the Ventura Townhouse and seen on our three smart TV's. Invite your family and friends to join us for this exciting event. It begins at 1:30pm on Wednesday, August 30, in the dining room lounge.

### Paper Shredding Service

We have scheduled a paper shredding service for Tuesday, August 29. This service will be available in the front circle from 9:00am till 12:00pm.



## Ventura County Then & Now

Although it had been the site of a California Mission since 1782, the area that split away from Santa Barbara County to become Ventura County on January 1, 1873, was mostly isolated by unique geological characteristics when California was awarded statehood in 1850. It did, however, boast the town of San Buenaventura that had grown up around the mission and 16 ranchos awarded by Spanish and Mexican governments. Among these are Rancho Simi, Rancho Ojai, Rancho El Conejo (Thousand Oaks, Westlake Village), Rancho Las Posas, today's Camarillo and Rancho Santa Clara del Norte, where Oxnard now stands. Oil had been known in the region since before the arrival of the Europeans, as the native Chumash people used tar from natural seeps as a sealant and waterproofing for baskets and canoes. The severe droughts of the 1860s brought eastern capitalists who, enticed by reports of favorable petroleum deposits, purchased large sections of land when rancho owners were forced to sell as their livestock herds dwindled. However, none of the early attempts to harvest petroleum products were financially successful, and the oil speculators eventually changed from oil to land development. The Southern Pacific Railroad came through the city of San Buenaventura in 1887, at which time, for convenience, the longer name was shortened to Ventura. Today Ventura County boasts a broad economic base of leading industrial companies centered around bio-medicine, technology, manufacturing, professional services, and wholesale distribution. Abundant agriculture—a multi-billion-dollar industry that includes fruits and nuts, vegetables and field crops, as well as livestock and poultry contributes to a pastoral ambience between urban centers. At the northern end of the county, the Los Padres National Forest comprises 46% of the region's land mass. Of the Channel Islands first explored by Juan Cabrillo in 1542, only the Anacapa and San Nicolas islands are part of Ventura County; the rest are under the jurisdiction of Santa Barbara County. As of the 2010 census, the population was 823,318. Ventura is the county seat.

## Introducing Pamela Fuller

Pam has been our resident massage therapist at the Townhouse for 6 years. She has worked with seniors for many years outside of the Townhouse. Knowing their concerns and challenges is an added asset. Her hobbies include classical guitar (a great listener), sports enthusiast, 5K walking races, gourmet cooking, yoga, meditation and nature hikes. She has scheduled appointments on Thursday at the Townhouse and is available by appointment, other times, upon request – 805-340-5517. This month we have scheduled Pam as our guest speaker on Friday, August 18, at 2pm. She will be in our dining room lounge to talk about the services she offers and to answer any questions.



**Main Street Ventura, 1920's**  
Image provided by American Colorizing .com



## 4<sup>th</sup> of July at the Townhouse

