

VENTURA TOWNEHOUSE

CALIFORNIA'S CROWN JEWEL IN RETIREMENT LIVING

October 2021



Ventura Townehouse
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October Holidays



**October 11th
Columbus
Day**

**October 24th
United
Nations
Day**

**October 31st
Halloween**



October at the Townehouse Miss October Ruby Lawton



Ruby was born June 1, 1923, in London, England. She danced with the London Academy of Ballet. Her family moved from England to Toronto, Canada, and Ruby continued dancing on stage. She worked as a professional model in Canada, and she also won the title of Miss Toronto. Ruby married and had two sons in Toronto.

Her husband's insurance business moved the family to California, and Ruby had two more children--two daughters. After her children were in school, she opened Ruby Lawton's Classical School of Dance. Ruby's students were trained in ballet, tap, and modern dance. Then at the age of 50, Ruby became a real estate broker and had a successful career in real estate, working until she was 75. Now at the young age of 97 Ruby still stays active dancing and participating in Townehouse activities.



Booster Shot (Covid vaccine)

Saturday October 9th, All Med Pharmacy will be administering the Pfizer-BioNtech's Covid vaccine booster shot. The pharmacy will begin at 9am in the Dining Room Lounge. We will be going floor by floor and then continuing to the garden villas. Please do not randomly show up in the DRL for the booster. We will knock on your door/alert you when it's your turn. If you haven't already signed up and registered at the medication room/nurses' station on the first floor, make sure you do so this week. For those of you who have already obtained your vaccine booster, please provide a copy to the medication room/nurses' station. Bring along your current vaccination card so we may add the booster shot on there.

OCTOBER FESTIVITIES

Oktoberfest Celebration



Wednesday, October 20th, we will celebrate Oktoberfest in style. For your entertainment we have invited a local oompah band. Come along and join the polka dancing when we roll out the barrel at 2pm in the Rose Garden. We will serve Bavarian Beer with soft pretzels dipped in Bryan's (Executive Chef) special beer cheese sauce. There will be a special introduction and performance from Jim Wade on his authentic Alphorn. Join us for a barrel of fun! After all that dancing and beer drinking join us for dinner when our executive chef will offer up a festive Bavarian fare. We will start with a variety of classic Bavarian sausages, served with plenty of mustard and sauerkraut, or you may prefer a thin breaded pork chop fried and served with a port wine glaze. All entrees will be served with sauteed red cabbage with apples and warm German potato salad. For desert choose from a variety of assorted strudel. Bon appetite!



Halloween Bingo Party!

Join us Friday, October 29th, in the Dining Room Lounge for a special Halloween Bingo Extravaganza! Special Bingo prizes with plenty of cash! Wear your Halloween Costume and win an additional prize for best costume and have your photo taken on the Pier in our spooky photo booth. Our executive chef will cook up some delightful finger foods to enjoy with your favorite glass of wine. Then enjoy a special Halloween dinner starting with "Bat Wings" tossed in a tangy sweet and sour sauce, special pasta primavera and Halloween shaped pasta tossed with fresh vegetables in a fresh herbed olive oil. Yummy!

Fall Prevention Presentation by Physical Therapist Kirk Richards



Many seniors struggle with a variety of problems that can have a negative impact on their ability to remain steady on their feet, and people who have trouble maintaining their balance have an increased risk of falling. We have invited physical therapist, Kirk Richards from Excellent In Home Care to address many of the issues that may cause us to fall. These include decreased muscle mass, arthritis, multiple sclerosis, Parkinson's disease, low and high blood pressure, heart disease, infections, some prescription medication, and stress. Kirk will focus on the benefits of exercise and diet, with an overview on adaptive equipment.

TOWNEHOUSE NEWS

A Warm Welcome to Gerard and Steven Diesfield



Gerard and Steven are from Buffalo, New York, and Gerard remembers bicycling one and a half miles to school in the snow. Therefore, they often spent winters in Ventura. They are members of Our Lady of Assumption church, and already know some residents who are members of the same church. Gerard sings in the choir, and he is looking forward to singing with our Townehouse singers. Gerard enjoys playing bridge, pinochle, and poker, Steven enjoys doing puzzles.

It's a Dog's Life by Oreo Morgan



Most of us Townehouse dogs enjoy visiting with each other as we take our walks around the property. Recently, though, we've found a new friend: an uncommonly sociable cat. His name is Leo, and he lives with a woman named Liliane in one of the garden apartments. Unlike most cats, he's not afraid of us. He sniffs our noses, and then lies down and rolls around on the sidewalk in front of us. One



day, he even came along with me as I took my human on a walk all the way around one of the buildings here. I still find him a little scary, but last month, I summoned up the courage to sit down with him for an interview. And he gave me permission to have my human take this photo of him.

He told me that for most of his 10 years, he lived with a man who traveled with him all around the country. But a year or so ago, the man could no longer care for him, and asked a friend to find a new home for Leo. "That friend was Liliane's son," Leo told me, "And that's how I was brought to the Townehouse."

Leo is happy here, but he's an independent soul. One night, he said, he even spent some time in a chair in somebody else's apartment. Several Townehouse residents have picked him up and carried him home recently. "I appreciate their concern," he said, "but how stupid do they think I am? I know where my food is served." We dogs love all of our human friends here at the Townehouse, but we're glad that we have another friend who is a cat.

Townhouse Management Team

Administration

Executive Director Evan Granucci
Executive Assistant Justine Perigo

Marketing Directors Harvey Marasigan
 Nancee Borgnine

Customer Service Front Desk
Director of Concierge Antoine Guerrier II
Services

Director of Activities Anne Howorth
Fitness Frank Jackson

Director of Health Marissa Fontanilla
Services

Director of Memory Erika Rocha
Care

Director of Social Services Kimmi Bryan

Director of Culinary
Services/Executive Chef Bryan Gross

Housekeeping
Director of Housekeeping Alejandra Hernandez

Maintenance
Chief Engineer Steve Drake
Assistant Engineer Cliserio Meza

Transportation
Bus Driver María De Los Reyes



Resident Bulletin

ARE YOU CONTRIBUTING TO OUR GRATUITY FUND? Because the Townhouse has a no-tipping policy, we residents have established a fund to offer a financial thank-you to the non-management staff members who, day in and day out, help to make our lives safe, enjoyable, and comfortable. For years, we have suggested that each resident give at least \$1.00 for each day of living here—roughly \$30.00 per month. How much you give is entirely voluntary and confidential, but with prices always rising, please consider giving more if you can. This is a way for us to thank these workers, and to encourage them to keep up the good work. You can contribute monthly, quarterly, or semi-annually—it's entirely up to you. Please make your checks payable to VTH Residents Fund, and deposit them in the Gratuity Box to the left of the front desk in the lobby.

Our large community is growing, and it is so good to see new people moving into the Townhouse. I hope you walk our beautiful grounds and enjoy everything we have to offer.

I know many of you have questions. You don't have to be new to have a question, you can be a long time resident and still wonder about things.

If it is humanly possible, part of my job as Resident President is to be of help to you whenever I am able. SO, please don't hesitate to call me with any questions or concerns and I will certainly try to answer you or direct you to someone who can help you.

Best wishes for October.
Terry Gibson, President
805-407-7322



Photo of the Month



Thank you to all our residents for their kind words of appreciation.

Ventura Townhouse Employees.