

VENTURA TOWNEHOUSE

CALIFORNIA'S CROWN JEWEL IN RETIREMENT LIVING



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**April
2024**

April at the Townehouse

Author and Artist of the Month

Karen Wu



Karen Wu was born, raised, and educated in Minnesota. She also attended Pepperdine University where she studied law. She is the mother of three boys who have helped inspire her writings. In addition to writing, Karen is an artist and had paintings displayed in several galleries in Ojai, Santa Paula, and Ventura. Some of her paintings also belong to private collections. Karen's books and artwork will be on display in the Front Lobby on Thursday, April 11TH, at 2pm.

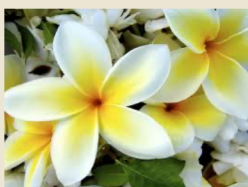


**April
Holidays**

**April 22nd
Passover**



**April 22nd
Earth Day**



This year, Passover begins on April 22nd. We will host our Townehouse Seder on Tuesday April 23rd at 5pm in the Vista Room. Please sign up in the Dining Room Lounge for family and friends. As always, this will be an elegant dinner for you and your families. We will serve all the traditional Passover food.

Townhouse News

Fenton Glass Collection by Carol Pollard

Founded in 1905 by brothers Frank L. and John W. Fenton, the Fenton Art Glass Company ranks among the world's foremost producers of handmade art glass. Fenton is the largest manufacturer of handmade colored glass in the United States, and the company is renowned for innovative glass colors as well as hand painted decorations on pressed and blown glassware. You can view Carol's beautiful collection displayed in the lower-level showcase.



If you have a collection of interest to share let Kimmi know and she will display it for you.

Health and Wellness Clinic



A note from nurse Melanie,

You may have already seen me around the community, but if you are new to the Townhouse, I look forward to meeting you. I am an LVN and part of the Excellent In-Home Care Team. Every Tuesday morning at 10:30am, I conduct a blood pressure health check in my office. During your visit I will check your vitals, take your weight, and answer questions. If you need help connecting with your doctor, we can help you with that. My office is located downstairs across from the beauty parlor. I look forward to meeting you and assisting you with your medical needs.

Sincerely, Melanie Sauer, LVN

Suzanne Sheridan

Suzanne was born in Santa Monica, California, on August 25th 1923. She calls herself a California native. Suzanne grew up in Hollywood and attended an all-girls Catholic school. She was always active in sports and loved to play any sport that involved a ball. Suzanne attended UCLA and majored in English. When she graduated, Suzanne secured a job at Bank of America. She worked at different branches and had a successful career with Bank of America for many years.

Suzanne's advice for living a long life is "Just keep moving".



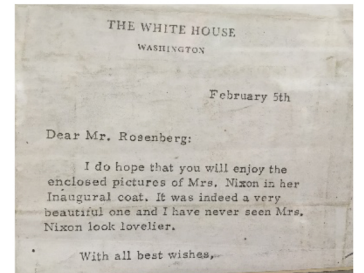
CELEBRATING OUR CENTENARIANS

Leon Rosenberg

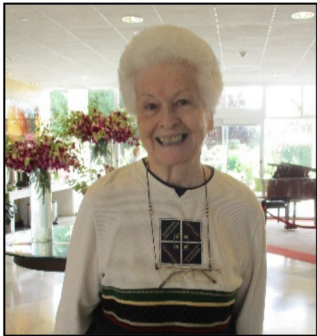


Leon was born in Poland on April 6, 1923 and is a Holocaust survivor. In 1939 he was taken prisoner. 10,000 Jews were taken and only eight survived. Leon then went back to Poland to find his family, all were deceased. In 1945 Leon married Phyllis and they lived in Poland for three years. After contacting an uncle in New York, they were both able to come to America. In 1949 they came through Ellis Island and with help from his uncle, Leon secured a job working in the Manhattan garment industry. He worked three jobs to

support his family and after five years, Leon and Phyllis became American citizens. This is when Leon's talent in tailoring became profitable. He became a tailor for many famous people including Mrs. Nixon and the President of Mexico, including Leon tailoring Mrs. Nixon's inaugural coat (the one with a sable collar).



Ruby Lawton



Ruby was born June 1, 1923, in London, England. She danced with the London Academy of Ballet. Her family moved from England to Toronto, Canada, and Ruby continued dancing on stage. She worked as a professional model in Canada, and she also won the title of Miss Toronto. Ruby married and had two sons in Toronto. Her husband's insurance business moved the family to California, and Ruby had two more children--two daughters. After her children were in school, she opened Ruby Lawton's Classical School of Dance. Ruby's students were trained in ballet, tap, and modern dance. Then at the age of 50, Ruby became a real estate broker and had a successful career in real estate, working until she was 75. Ruby still stays active and enjoys walking on the beach, dancing, and participating in Townhouse activities.

Don Bowles: How to turn 100 without really trying.



Don Bowles says living to 100 is easy. "I go to the gym twice a day when it's open... ride the elevator five floors: not a rough commute. Also eat lots of vegetables... are these things hard to do? I don't understand what people are doing with their time who aren't exercising – everyone here has done harder things; it's not like we're being asked to become fluent in other languages."

Don doesn't spend much time talking about the past. He's more interested in what you think about the world around us right now, and what you're doing about it.

When he's not keeping up with the news and refuting rumors about his life, Don spends time pushing the Townhouse management team on improvements. "What a privilege it is to live in a beautiful, high-quality place like this. Being around for a long time is easy; just give up the booze, exercise, and eat right."

Townehouse Management Team

Administration

Executive Director Evan Granucci

Marketing Director Harvey Marasigan

Director of Resident Care Yonatan Isaacs

Front Desk
Lead Concierge Deserae Navarro

Director of Activities Nancee Borgnine
Fitness Director Frank Jackson

Director of Memory
Care James Christensen

Director of Social Services Kimmi Bryan

Director of Culinary
Services/Executive Chef Bryan Gross

Director of Housekeeping Alejandra Hernandez

Maintenance
Chief Engineer Steve Drake
Assistant Engineer Cliserio Meza

Transportation Ed Cardona



Project Understanding Donations



Wow! What a success our clothing drive was! The people from Project Understanding who came to pick up the clothing were astonished. We nearly filled their van.

We thank each person who donated, in addition to those who volunteered to receive the clothing as it was donated. Given the opportunity, a great many homeless or destitute people would echo this appreciation.

Thank you everyone.
Barbara Niles



Cocktail Social

On most Wednesdays at 3:30pm, I host a cocktail social in the Pavilion. With many years of experience working in bars, I am the Townehouse's very own mixologist, each week coming up with another fun and delicious cocktail for you all to enjoy.

Rachel

This month's cocktails are:

Baybreeze

Blue Hawaiian

Tequila Sunrise

Green Eyes

