

# VENTURA TOWNEHOUSE

CALIFORNIA'S CROWN JEWEL IN RETIREMENT LIVING



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**February  
2026**

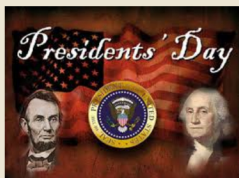
**February  
Holidays**



**Valentine's  
Day  
February 14<sup>th</sup>**



**Presidents'  
Day  
February 16<sup>th</sup>**



## February at the Townehouse



February is American Heart Month, a dedicated period to raise awareness about heart health. Each year During February, we are encouraging everyone to focus on cardiovascular health. Here at the Townehouse we promote a heart-healthy lifestyle.

**Join one of our many exercise classes, we have a wide variety. Here are just a few:**

- Daily Sit and Fit with Frank covers all levels of ability.
- Try our Saturday class, "Music and Movement," with Leslie. It's not only fun but a good cardio workout to music.
- Our weekly Neuro Fit classes are excellent ways to keep your mind and body strong. Join Pam Monday and Wednesday at 11am for Neuro Fit classes. And Wednesday at 11am for her balance class.
- Tai Chi with Anne is a great way to nourish your body, mind and soul. Every Thursday at 3pm in the Vista Room.
- Check out Chair Yoga with Melisa, it's every Monday at 1pm in the Vista Room
- If classes are not your thing, you can get a cardio workout in our amazing gym. Or take a daily walk in our beautiful gardens.

*It does not matter how slowly you go as long as you do not stop.*  
*Confucius*

**GO RED**

Wear your red on Friday, February 6, to support National Heart Health Month.



**Valentine's Day Dinner**

February 14<sup>th</sup> join chef Bryan for a delicious Valentine Dinner.

## TOWNEHOUSE NEWS

### A warm welcome to Bobbi Balderman



Bobbi was born and raised in Los Angeles, California and raised her children in Dana Point, CA before moving to Ojai. After 24 years in Ojai, she moved to the Ventura Townehouse in early October, 2025.

Bobbi began her art training as the result of being a bored 12-year-old. Her father took her to his painting class to keep her busy and out of her mother's way. The moment the teacher put a piece of charcoal in her hand, her passion for art began. She ultimately found pastels as her preferred media and was on the board of the Ventura County Creative Artists.

Initially she studied scientific illustration at UCLA and ultimately got a degree in graphic design. She owned Balderman Creative Services, serving mid to large size corporate clients, and won numerous local, national and international design awards. She also taught classes in graphic design and business for creatives at the college level and wrote a book, "The Ultimate Guide to Purchasing Website, Video, Print and other Creative Services." She also ran a youth media agency for the non-profit Ojai Valley Youth Foundation, teaching teens to use traditional marketing techniques to improve the health of communities.

Retired from the business and teaching worlds, Bobbi turned her energy to painting. She also volunteered at the Ojai Valley Family Shelter and as an Art Commissioner for the City of Ojai.

As a result of Bobbi's love of the outdoors she spent a lot of her time hiking in the local mountains and racing on sailboats. She has also travelled extensively, always seeking a new adventure.

She looks forward to the next phase of her journey, living at the Townehouse and meeting new people.

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### A warm welcome to Victoria Secor, Move-In Coordinator



"I am thrilled to join the Ventura Townehouse team! My journey in senior care began as a CNA, but it became deeply personal when I left the workforce to become a full-time caregiver for my grandmother during her battle with dementia. After her passing, I knew my heart belonged to senior living. I am passionate about helping people navigate new chapters with ease and compassion. Outside of work, I stay busy as a dedicated "sports mom" to my three children. As a family, we love shopping, dining out, exploring local museums and the beauty of nature."

# TOWNEHOUSE NEWS

## A warm welcome to Judy and Howard Goldberg



We have been married for sixty-one years and have two children and one special - needs grandson. Unfortunately, our daughter, Lisa, passed away seven years ago. Our son Steve lives in Oakland, CA, with his wonderful wife, Karen, and our "grand dog," Bernie.

We lived in Oxnard Shores Mobile Home Park for the past thirty-four years. We always call it paradise.

Howard – I worked for thirty-five years as a elementary school teacher in the Valley and a homeless liaison teacher in Ventura. It was a very rewarding career. When we moved to Oxnard Shores, I enjoyed taking long walks on the beach.

Judy – I worked for many nonprofit organizations. My favorite was working for the ALS Association. It was the most rewarding job. I left because we moved to Oxnard, and I didn't want to commute. I danced all my life until 2000 when my hips had to be replaced. My favorite style was clog dancing. If you see a license plate that says cglalot.....it's me. Our favorite vacations were the many cruises we took. It's hard to choose our favorite. We loved them all. We are now looking forward to our new life at the Ventura Townehouse.

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## News from Our Resident Board President



Our January Resident Council meeting was very well attended... but there's always room for one more! Please join us on the 3rd Tuesday of the month in the DRL at 10:30am. Many thanks to our board members, staff, and all the residents involved who make these meetings possible. Also remember that I am available every Wednesday from 3-4pm in the Front Lobby to hear your concerns and ideas. BTW, there were no suggestions in the DRL suggestion box over the last month, which surprised me.

Valentine's Day is just around the corner. What a perfect reminder of how much heart our Townehouse staff puts into their service to us. It's such a privilege to live here. Our contributions to the Residents Fund is the way we can express our gratitude. Employees are prohibited from accepting tips from residents. Just put your check made out to the Residents Fund (or cash) in the gratuity box. It is located on the wall to the left of the front desk.

For your advance planning... there will be a clothing drive here at the Townehouse in late March. Now's a good time to start putting aside the clothing that we no longer wear. With the help of the Rescue Mission, our discards will be made available to those in need. More details about the clothing drive will be in the March newsletter.

Thanks to all of you who make this such an excellent place to live.

Brenda Knight, Resident Board President

## Townehouse Management Team

Executive Director	Evan Granucci
Business Office Director	Daniel Adams
Marketing Director	Harvey Marasigan
Director of Resident Care	Yonatan Isaacs
Director of Social Events	Nancee Borgnine
Director of Memory Care	James Christensen
Director of Culinary Services/Executive Chef	Bryan Gross
Director of Housekeeping	Alejandra Hernandez
Director of Social Services	Kimmi Bryan
Chief Engineer	Steve Drake
Assistant Chief Engineer	Cliserio Meza
Lead Concierge	Susana Jacobs
Transportation	Ed Cardona



## Employee of the Month Congratulations Michelle Block



My favorite thing about working at the Townehouse is that no two days are ever the same. Each day brings different challenges, which keeps the work interesting and rewarding. One of the biggest surprises for me in Memory Care was working as a caregiver after being hired as a concierge. It's been a meaningful and unexpected part of my journey here. Outside of the Townehouse, I enjoy pet sitting and scrapbooking. I absolutely love animals!

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### Resident Bulletin Great News!

Great Courses are back! We are looking forward to our first lecture, "Essential Italy," Friday Evenings at 6:30 in the Dining Room Lounge.



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### Sunday Games Night

Starting this month each Sunday after dinner, we will provide an array of board games, which will be available in the Dining Room Lounge.

They include Rummikub, Sorry, Sequence, Boogle, Scrabble, Chess, Checkers, Cribbage, Yahtzee and Mexican Train Dominoes.

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### Calling all Card Game Enthusiasts!

Please note we have a signup sheet in the Dining Room Lounge for anyone interested in learning how to play Pinochle or Hand and Foot card games.